

# St Bernard Dance and Fitness Studio

## May

[www.facebook.com/StBDanceandFitness](http://www.facebook.com/StBDanceandFitness)

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1	2
<b>StB Studio</b>	<b>MAY Unlimited</b>					
<b>4803 Tower Avenue</b> <b>St Bernard, OH</b>	Class Pass/Fitness Pass <b>\$50/mo.- See your Instructor!</b> (cash or check)				<b>Strength Foundations</b> 10:00-11:00am	<b>PIYo</b> 10:00-11:00pm
<b>Questions:</b>	<b>Regular Class Rates:</b>					
<b>Kate: 513-324-3513</b> or <b>Rec. Dept: 513-641-3137</b>	1st Class Free/ \$7 Drop-In 10 Class=\$50/ 20 Class=\$85					
3	4	5	6	7	8	9
<b>Studio Rental</b> 4:15-5:45pm	<b>*Zumba (Kate)</b> 10:00-11:00am	<b>Yoga With Toni</b> 9:30-10:30am	<b>PIYo</b> 9:30-10:30am <b>Tai Chi</b> 10:45-11:45am	<b>*Zumba (Kate)</b> 10:00-11:00am	<b>Strength Foundations</b> 10:00-11:00am	<b>PIYo</b> 10:00-11:00pm
<b>* HYBRID (In Studio &amp; ZOOM)</b>						
<b>ZOOM Link</b> ID: 997 276 3326 Passcode:StBStudio	<b>*NO Zumba Tone (Pat)</b>		<b>*NO Zumba Tone (Pat)</b>	<b>*Zumba (Allison)</b> 7:15-8:15pm		
10	11	12	13	14	15	16
	<b>*Zumba (Kate)</b> 10:00-11:00am	<b>Yoga With Toni</b> 9:30-10:30am	<b>PIYo</b> 9:30-10:30am <b>Tai Chi</b> 10:45-11:45am	<b>*Zumba (Kate)</b> 10:00-11:00am	<b>Strength Foundations</b> 10:00-11:00am	<b>NO PIYo</b>
	<b>*NO Zumba Tone (Pat)</b>		<b>*NO Zumba Tone (Pat)</b>	<b>*Zumba (Allison)</b> 7:15-8:15pm		
17	18	19	20	21	22	23
	<b>*NO Zumba (Kate)</b>	<b>Yoga With Toni</b> 9:30-10:30am	<b>NO PIYo</b>	<b>*NO Zumba (Kate)</b>	<b>NO Strength Foundations</b>	<b>NO PIYo</b>
			<b>Tai Chi</b> 10:45-11:45am			
	<b>*Zumba (Pat)</b> 5:30-6:30pm		<b>Zumba Tone (Pat)</b> 5:30-6:30pm	<b>*Zumba (Allison)</b> 7:15-8:15pm		
24	25	26	27	28	29	30
	<b>NO Zumba (Kate)</b>	<b>Yoga With Toni</b> 9:30-10:30am	<b>PIYo</b> 9:30-10:30am <b>Tai Chi</b> 10:45-11:45am	<b>*Zumba (Kate)</b> 10:00-11:00am	<b>Strength Foundations</b> 10:00-11:00am	<b>PIYo</b> 10:00-11:00pm
	<b>HAPPY MEMORIAL DAY</b>					
31	<b>*Zumba (Pat)</b> 5:30-6:30pm		<b>Zumba Tone (Pat)</b> 5:30-6:30pm	<b>*Zumba (Allison)</b> 7:15-8:15pm		